

# Counselors Bulletin

Dan River Middle School September 2022

## Get to know your counselors

Hello! My name is Ms. Walker and I am excited to be joining Dan River Middle as a school counselor this year!

I went to James Madison University and received my Master's Degree in School Counseling. I am looking forward to getting to know the students and working with them to be the best they can be. In my free time, I enjoy spending time with my family, cooking and reading.

Hello! My name is Mrs. Chandler. I am one of the School Counselor's here at DRMS!!! (Once a Wildcat, ALWAYS a Wildcat) I am super excited about this school year. This is my 2nd year here at DRMS. I received my Master's in School Counseling from Liberty University. Before coming to DRMS, I have served as a Qualified Mental Health Professional for 7 years. I am married and have one son (Treyson ). In my free time I enjoy spending time with my family and listening to music. I am thrilled to work with your child this year. This school year will be filled with fun, lots of learning, and new adventures. It's GAME TIME!!!



## How We Can Help

As school counselors, we provide services focused around the well-being and success of the whole student. We work with students on individual an basis as well as going into classrooms to address social emotional learning. We also work closely with faculty and staff to ensure students academic, social and emotional needs are being met while here at school. We also help to address issues around bullying, conflict, and behavioral concerns.



## SEL Highlights

### MAJOR CLARITY

This month, we will be focusing on using Major Clarity with students, an interactive resource that gives students the opportunity to learn about careers and develop their own career plan. Through Major Clarity, students take a personality and learning style assessment in order to start building a career plan. Major Clarity taps into the unique interests of your student and provides them with information on careers that would fit those interests. Major Clarity is designed for students to use all the way through high school so that they are prepared to be successful once they graduate.

"The expert at anything was once a beginner." – Helen Hayes

## Important Reminders:

Attendance,  
Attendance,  
Attendance!

As we start the new year, we want to remind families that it is vital that students come to school every day. Good attendance habits include:

- Coming to school daily
- Coming to school on-time
- Creating a nightly and morning routine
- Being well-rested
- Eating breakfast (or getting to school early enough to eat breakfast)

# Check-In/Check-Out

Check- In/ Check-Out is a program that we have here at DRMS to provide one-on-one mentoring to students. Students are matched with an adult in order to receive academic and/or behavioral support. Together the student works with their mentor to set goals and when students accomplish their goals, they earn rewards. Students can benefit greatly from this form of relationship building and accountability. Please let us know if you would like for your child to participate in this program.



## Contact Information:

Dan River Middle School: (434) 822-6027

Terieka Chandler: [terieka.chandler@pcs.k12.va.us](mailto:terieka.chandler@pcs.k12.va.us)

Hannah Walker: [hannah.walker@pcs.k12.va.us](mailto:hannah.walker@pcs.k12.va.us)